

Mountain Living Update

June 15, 2010

Night Landing Zone Training



TriState CareFlight 11 joined the Arrowhead community for a night landing zone training on the evening of June 7th.

Rob Weisbaum, flight medic, gave the classroom presentation, addressing 'safe' protocol for setting up the LZ and assisting in the landing of the helicopter. We proceeded to our Primary Landing Zone, located near the intersection of the Alpine Road and the road to the winter parking lot. Will Hobson had prepared the landing surface by wetting it down two hours earlier.

Our core group of landing zone coordinators prepared the landing zone by placing 'flare alert' lighting at the perimeter of the LZ, indicating location and wind direction. Our windsock helped to indicate wind direction and speed. A red "H" was painted on the dirt road surface to indicate the exact landing location. Radio contact with the pilot was immediate. The signalman took his position for guiding the helicopter in.

The LZ Control core group of trained volunteers include Diane Benson, Paul Forbes, Reinie Masanetz, Ron Hudleston, Sally Burcher, and Bruce Greenwell.

The TriState CareFlight team, Laura Lenihan, flight nurse, Jason Fawson, pilot, and Mike Hudson, medic, gave extensive instruction concerning safety guidelines as we work together to load and evacuate our patient. Scene safety is what it is all about.



Precautions for **safety** are taken at all times due to the danger of being near the moving rotors on the helicopter. It is imperative that no lights other than the LZ lights be showing when the crew is landing the helicopter. Flashlights, etc. are to be turned off.



Photos by Cheri Ratliff

Forty volunteers from our community participated in various ways. Teams were formed to practice loading the patients. We had the opportunity to train with four landings and three patient evacuations. Radios were made available for monitoring the procedures throughout.

Traffic and ground control was provided by Arrowhead Security, including Reinie Masanetz, Jim Gelsomini and Eric Johnson. BASE volunteers Linda Dysart and Craig Pugh joined in the effort.



Patient Gayle Huddleston

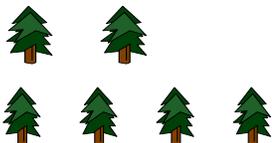
Load Crew: Bob Rosenbaum, Bill Misare, Brent Mims and John Cook

Patient Carla Vavrik

Load Crew: Ron Benson, J.R. Ellis, Bill C. and Mike Wigent

Patient Star Misner

Load Crew: Joanna Misare, Bill Boulter, Clyde Vavrik and Will Hobson



This evening was a success! Learning was intense for all! Our community now has a large group of volunteers who are familiar with the team effort it takes to assist an air evacuation, SAFELY!

Thank you to the LZ Control group, especially Bruce Greenwell who has brought much needed technical knowledge to our efforts. The Arrowhead Volunteer Fire Department Fire Fighters are to be commended, as well as all of the BASE Volunteers and the 1st Responders. We thank everyone for participating!

TriState CareFlight 11 is a very professional and well trained medical evacuation team. Arrowhead is very fortunate to have the quality service and training they provide.

Thank you, Arrowhead Volunteers!
Our community is what we make it!

Martha Cook

Arrowhead BASE Lead



The New Bench!

Thanks goes out to Doug and Linda Dysart for installing the new bench on the trail around Hazel Lake. The AIA gave the Hazel Lake Nature Trail committee a budget. The bench was purchased last December with the money left over from the 2009 budget. The pieces have been stored all winter and then assembled on June 6th. It's on the southwest side of the lake. Linda is going to have a brass plaque made for it saying "Hazel Lake Nature Trail, est. 2009." Be sure to get out and enjoy "the peaceful view from the bench."



**Happy 50th Anniversary
To
Ron and Gayle Huddleston**

Arrowhead Shutterbugs Photo Show

Wine and Cheese Photo Show/Contest

at the Inn on Saturday, August 28th from 3:00 – 5:00 Then stay for dinner at the Inn.

The event will be held on the restaurant side porches. There will be a silent auction on all the picture exhibits as a fund raiser for the club.

Everyone on the mountain is invited to compete and/or vote for their favorites.

Hand crafted **Arrowhead post cards** from club members will be on sale.

Need a "Senior Picture?"

(no... not like that High School Senior picture!)

Richard Ostrom and Cheri Ratliff
will be taking "Senior Couple Photos"
between 3:30 and 4:30 during the Photo Show.

The photos will be printed while you wait.

Don't miss your chance for a nice Anniversary photo, etc.

Wilderness First Aid Four Arrowhead ladies took a class on wilderness first aid and then shared what they had learned on June 16th at the Fire House. They put on a skit demonstrating hikers finding another hiker that was hurt. They went through the steps of what to do before the EMT's get there. Joanie, Kathy, Martha and Mary did a great job of explaining things and listing the items you should have with you when you are out in the woods. They highly recommended the course. The AVFD paid for the ladies to take the course. The WFA course info. is online at www.nols.edu.

